

LET'S TALK ABOUT ENDOMETRIAL CANCER

WHAT IS ENDOMETRIAL CANCER?

Found in the lining of the uterus, endometrial cancer is the most common type of gynecologic cancer. Diagnoses and deaths from this type of cancer are on the rise across ethnicities - with greater incidence rates increases seen across Native Americans/Alaska Natives, Black, Asian/Pacific Islanders and Hispanic communities.

Too often, women with endometrial cancer have reported their symptoms were stigmatized and dismissed. But together we can help empower people across generations and cultures to spot the potential signs early, speak up, and take action.

SPOT THE SIGNS

Recognizing and voicing gynecologic symptoms may help end the stigma around endometrial cancer. Some common symptoms may include:

Premenopausal: Irregular or heavy bleeding, pelvic pain or pressure

Postmenopausal: Any vaginal bleeding or brownish discharge, pelvic pain or pressure

These symptoms could easily be overlooked or mistaken for other conditions, so it's important to speak with a doctor as soon as any symptoms of concern arise.

The above list does not contain all of the potential symptoms, and may not be indicative of endometrial cancer. If you have already been diagnosed with endometrial cancer, talk to your doctor about any change in symptoms.

WHAT RISK FACTORS SHOULD I BE AWARE OF?

Your risk for endometrial cancer could be higher with age, obesity, a history of irregular periods, PCOS (Polycystic ovarian syndrome), and inherited conditions such as Lynch syndrome. These are just some of the risk factors of endometrial cancer. Symptoms and risk factors of endometrial cancer could be overlooked or mistaken for other conditions, so it's important to talk about your concerns with a health care professional.

Increasing awareness about the potential signs and risk factors is especially important for Black women, as they are more often diagnosed at a later stage and with more aggressive forms of uterine cancer compared to other ethnicities.



For more information, visit SpotHerForEC.com,
or use the QR code

Together, Spot Her and the National Black Church Initiative (NBCI) have partnered to address the disproportionate impact of endometrial cancer on African American and Latino women. NBCI, a faith-based organization of more than 150,000 churches along with Spot Her, a partnership by FORCE, SHARE, Black Health Matters, and Eisai Inc., have combined resources to raise awareness about the devastating impact of this disease on these communities.

